



Gaskell Primary School— PE Discovery

- GPS Drivers**
- World Citizens
 - Avid Adventurers
 - Confident Communicators
 - Creative Minds
 - Healthy Pioneers

AUTUMN (Year 1) ● ● ●

- Co-ordination— floor movements— Birthday bike surprise— Personal
- Static Balance— one leg— Pirate plank— Personal
- Dynamic Balance to Agility— journey to the blue planet— Social
- Dynamic Balance to Agility— Monkey business— Social

SPRING (Year 1) ● ● ●

- Dynamic Balance— Fun station 5— Cognitive
- Static Balance— small base— Cognitive
- Co-ordination ball skills— creative
- Counter Balance in Pairs— Creative

SUMMER (Year 1) ● ● ●

- Co-ordination with equipment— Physical
- Agility and Reaction— Physical
- Static Balance— floor work— Health and fitness
- Static Floor Balance— Health and fitness

AUTUMN (YEAR 3) ● ● ●

- Co-ordination floor movement patterns— personal
- Co-ordination floor movement patterns— personal
- Dynamic balance to agility— Social
- Dynamic balance to agility— Social
- Gymnastics

SPRING (YEAR 3) ● ● ●

- Dynamic Balance— Cognitive
- Co-ordination ball skills— Cognitive
- Co-ordination with equipment— Creative
- Counter balance in pairs— Creative

SUMMER (YEAR 3) ● ● ●

- Agility and reaction— Physical
- Agility and reaction— Physical
- Static balance— floor work— Health and Fitness
- Static floor balance— Health and fitness

AUTUMN (YEAR 4) ● ● ●

- Co-ordination floor movement patterns— personal
- Co-ordination floor movement patterns— personal
- Dynamic balance to agility— Social
- Dynamic balance to agility— Social
- Gymnastics

SPRING 1 (YEAR 4) ● ● ●

- Dynamic Balance— Cognitive
- Co-ordination ball skills— Cognitive
- Co-ordination with equipment— Creative
- Counter balance in pairs— Creative

SUMMER 1 (YEAR 4) ● ● ●

- Agility and reaction— Physical
- Agility and reaction— Physical
- Static balance— floor work— Health and Fitness
- Static floor balance— Health and fitness

AUTUMN (YEAR 5) ● ● ●

- Co-ordination ball skills— Hand tennis = cognitive
- Co-ordination ball skills— Bench ball = cognitive
- Static balance— seated volleyball— handball— Social

SPRING (YEAR 5) ● ● ●

- Dynamic balance— Social
- Counter balance in pairs— Social
- Static balance— one leg— standing— physical/ creative
- Dynamic balance to agility— Physical/ creative

SUMMER (YEAR 5) ● ● ●

- Static balance— small base— Health and Fitness
- Static balance— small base— Health and Fitness
- Co-ordination with equipment— Health and Fitness
- Static floor balance— Health and Fitness

AUTUMN (YEAR 6) ● ● ●

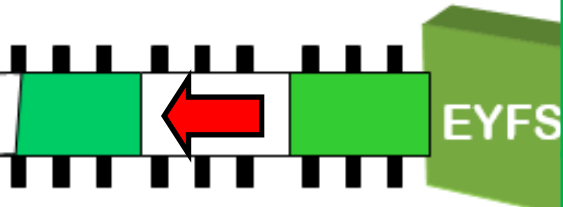
- Ball skills— Cognitive
- Co-ordination— floor movements— Personal
- Static balance— seated— Creative
- Static balance— seated— Creative
- Gymnastics

SPRING (YEAR 6) ● ● ●

- Dynamic Balance— Social
- Dynamic Balance— Social
- Dynamic balance to agility— Creative
- Dynamic balance to agility— Creative

SUMMER (YEAR 6) ● ● ●

- Static balance— small base— Health and Fitness
- Static balance— small base— Health and Fitness
- Co-ordination with equipment— Health and Fitness
- Static floor balance— Health and Fitness



AUTUMN (EYFS) ● ● ●

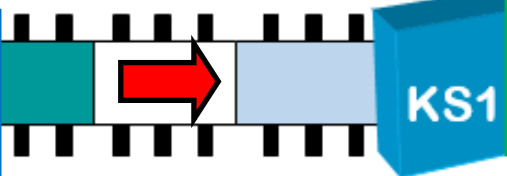
- Co-ordination— floor movements— Birthday bike surprise— Personal
- Static Balance— one leg— Pirate plank— Personal
- Dynamic Balance to Agility— jour-

SUMMER (EYFS) ● ● ●

- Co-ordination with equipment— Physical
- Agility and Reaction— Physical
- Static Balance— floor work— Health and fitness
- Static Floor Balance— Health

SPRING (EYFS) ● ● ●

- Dynamic Balance— Fun station 5— Cognitive
- Static Balance— small base— Cognitive
- Co-ordination ball skills— creative
- Counter Balance in Pairs— Creative

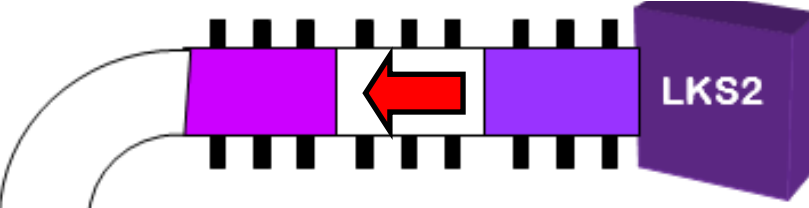


AUTUMN (Year 2) ● ● ●

- Co-ordination— floor movements— Birthday bike surprise— Personal
- Static Balance— one leg— Pirate plank— Personal
- Dynamic Balance to Agility— journey to the blue planet— Social
- Dynamic Balance to Agility— Monkey business— Social

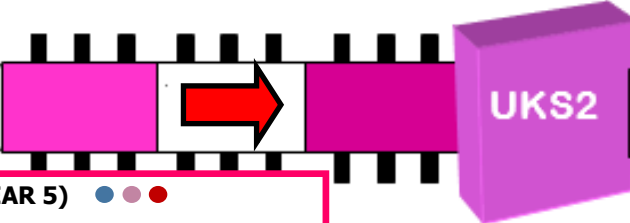
SPRING (Year 2) ● ● ●

- Dynamic Balance— Fun station 5— Cognitive
- Static Balance— small base— Cognitive
- Co-ordination ball skills— creative
- Counter Balance in Pairs— Creative



SUMMER (Year 2) ● ● ●

- Co-ordination with equipment— Physical
- Agility and Reaction— Physical
- Static Balance— floor work— Health and fitness
- Static Floor Balance— Health and fitness



AUTUMN (YEAR 6) ● ● ●

- Ball skills— Cognitive
- Co-ordination— floor movements— Personal
- Static balance— seated— Creative
- Static balance— seated— Creative
- Gymnastics

SPRING (YEAR 6) ● ● ●

- Dynamic Balance— Social
- Dynamic Balance— Social
- Dynamic balance to agility— Creative
- Dynamic balance to agility— Creative

SUMMER (YEAR 6) ● ● ●

- Static balance— small base— Health and Fitness
- Static balance— small base— Health and Fitness
- Co-ordination with equipment— Health and Fitness
- Static floor balance— Health and Fitness