



Gaskell Community Primary School PSHE Vocabulary Progression Rights Respecting Vocab



| YEAR GROUP | Term/Topic | | | | | | Rights Respecting (RRSA) |
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| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 | |
| EYFS | Play, share, sharing, choose, activity, same, different, family, themselves, friends | | Needs, understand, feelings, new, independent, resilience, perseverance, | | Others, confident, independence, behaviour, challenge | | Needs, wants, rules |
| 1 | What is the same and different about us? Like, dislike, strengths, quality, unique, similar, common, parts of the body names | Who is special to us? Family, school, clubs, family member, common, features, important, ourselves, others | What helps us stay healthy? Healthy, hygiene, medicines, bodies, affect, vaccination, immunisation, routine, germ, daily basis | What can we do with money? Money, choices, needs, wants, obtained, earned, won, borrowed, spending, saving | Who helps to keep us safe? Safe, community, attention, respond, unsafe, worried, support, accident, hurt, emergency | How can we look after each other and the world? Kind, unkind, behaviour, polite, courteous, co-operative, responsibility, people, animals, care, local, global environment, grow, change, young, old, manage | Respect, responsible, rights, duty bearer |
| 2 | What makes a good friend? Friend, recognise, lonely, behave, friendly, resolve, arguments, friendships, unhappy | What is bullying? Words, actions, affect, permission, physical contact, uncomfortable, unsafe, hurtful, teasing, bullying, excluding, unacceptable, situations, online, trusted, important | What jobs do people do? Jobs, interests, internet, digital, everyday life | What helps us to stay safe? Rules, restrictions, road/fire/water safety, household, products, familiar, unfamiliar, environments, avoid, remove, secrets, trustworthy, pretend, worried, scares, concern | What helps us grow and stay healthy? Physical, activity, sleep, rest, eating, drinking, sugar, dental, physically, active, screen-time, sunshine, bodies, grow, well | How do we recognise our feelings? Recognise, feelings, good, better, experience, loss, change, bereavement, moving, behaviour, manage, sharing | duty bearer |
| 3 | How can we be a good friend? Support, wellbeing, excluded, strategies, include, qualities, positive, uncomfortable, unsafe, difficulties, manage, problem, argument, resolve, | What keeps us safe? Hazards, harm, injury, reduce, risk, protected, touched, permission, pressure, allergies, asthma, minor | What are families like? Families, differ, structure, blended, foster, adoptive, positive, celebrations | What makes a community? Groups, faith, clubs, diverse, wider/local, values, contributions, respectful, differently | Why should we eat well and look after our teeth? Diet, nutritionally, rich, oral, brushing, flossing, dentist, balanced diet, sugar, acidic, choices, influences, advice | Why should we keep active and sleep well? Regular, physical, activity, benefits, daily, weekly, basis, balance, decisions, lack, wellbeing, sleep | Fair, responsibilities, conflict, disagreement, help, safe, risk, resolve |

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| | disputes, reconcile, differences | | | | | | |
| 4 | <p>What strengths, skills and interests do we have?</p> <p>Personal, individuality, self-worth, develop, achievements, attributes, skills, interests, self-esteem, goals, set-backs, mistakes, reframe, unhelpful, thinking</p> | <p>How do we treat each other with respect?</p> <p>Polite, courteous, receive, return, rights, responsibilities, privacy, confidence, protect, discriminated, witness, exclusion, disrespect, discrimination, aggressive, inappropriate, concerns</p> | <p>How can we manage our feelings?</p> <p>Feelings, intensity, expressing, different circumstances, loss, grief</p> | <p>How will we grow and change?</p> <p>Puberty, menstruation, menstrual wellbeing, emotions, feelings, personal hygiene, routines, advice, support</p> | <p>How can our choices make a difference to others and the environment?</p> <p>Shared responsibility, protect, world, choices, environment, Fairtrade, plastics, charity, thoughts, ideas, opinions, discussion, topical issues, care, concern, personal responsibilities, caring, compassionate</p> | <p>How can we manage risk in different places?</p> <p>Recognise, predict, assess, manage risk, rail, water, road, fire/firework safety, sun safety, digital devices, influenced, peers' behaviour, desire, peer approval, online actions, impact, safe online, appropriate, share, report concerns, rules, restrictions, laws, anti-social</p> | <p>Laws, community, anti-social, road safety</p> |
| 5 | <p>What makes up a person's identity?</p> <p>Respect, similarities, differences, common, factors, contribute, identity,</p> | <p>What decisions can people make with money?</p> <p>Spending, saving, influences, track, paying, current account, store card, credit card, loans, value for money, risk, won, stolen, lost</p> | <p>How can we help in an accident or emergency?</p> <p>First aid, burns, scalds, cuts, bleeds, choking, asthma attacks, allergic reactions, head injury, adult help, calm, emergency</p> | <p>How can friends communicate safely?</p> <p>Relationships, internet, social media, positively, risk, content, images, consent, personal information, respond, friendship, worried, unsafe, uncomfortable, inappropriate contact, concerns, personal safety.</p> | <p>How can drugs common to everyday life affect health?</p> <p>Drugs, everyday life, smoking/vaping, nicotine, alcohol, caffeine, medicines, health and wellbeing, legal, illegal, laws, restrictions, protect, prevent, reduce, habit, organisations, smoking, concerns, trusted adult, worries, concerns</p> | <p>What jobs would we like?</p> <p>Different jobs, careers, lifetime, paid, voluntary, unpaid, skills, attributes, qualifications, training, college, apprenticeships, university, influences, decision, skills, interests, pay, question, challenge, stereotypes</p> | <p>Entitlement, MP, Shelter, Education, Healthcare, Safety</p> |
| 6 | <p>How can we keep healthy as we grow?</p> <p>Mental/physical health, positive friendships, activities, clubs, community groups, wellbeing, healthy, balanced lifestyle, healthy meal, physically active, dental health, oral hygiene, food/drink choices, sun safety, poor/quality sleep, influences, habits, healthy/unhealthy, legal/illegal</p> | | <p>How can the media influence people?</p> <p>Media literacy, digital resilience, online safety, online experiences, social media, distribution, images, mixed messages, opinions, decisions, evaluate, reliable, online content, videos, blogs, news, reviews, adverts, unsafe, suspicious content, information, ranked, selected, targeted, appropriate, age range, report, upsetting, frightening, untrue, gambling</p> | | <p>What will change as we become more independent?</p> <p>How do friendships change as we grow? Including SRE Vocab.</p> <p>Relationships, different, romantic, intimate, puberty, bodies change, menstruation, menstrual wellbeing, erections, wet dreams, attracted, love, gender, ethnicity, faith, couples, care</p> | <p>Ballot, vote, taxes, political party, Prime Minister, Economy, welfare state, NHS, Democracy, Manifesto</p> | |

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| | drugs, situations, ill health, recognised, managed, sought help, resolved, strategies, support, FGM, human rights | related activities, impact, discuss, debate, viewpoints | | |
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