Gaskell Community Primary School
PSHE Vocabulary Progression

YEAR GROUP	Term/Topic				
	Autumn 1 Family and Relationships	Autumn 2 Health and Well being	Spring Safety and the changing body		Summer 1 Citizenship	Summer 2 Economic Wellbeing
EYFS Vocabulary used in lessons	**Self-regulation: My feelings** happy sad angry calm scared loved happy unhappy nervous worried excited surprised tired proud shy bored sorry	**Building relationships Special relationships:** valuable special different sharing take turns timer passion like dislike enjoy special individual same	**Managing self My wellbeing:** movement healthy heart, lungs brain bones muscle yoga meditate pose care wellbeing routine balanced diet energy superfood hazard crossing sensible aware	**Taking on challenges** rule persistence challenge problem solving mistake cope teamwork grounding technique trial and error	**Self-regulation: Listening and following instructions** explain instructions odd different clue friends truth feelings honest listening persevere team festival celebration turn-taking support	**Building relationships: My family and friends** behaviour care emotions family feelings friend friendly problem stereotype permission
1	behaviour care emotions family feelings friend friendly problem stereotype	allergy emotions feelings germs ill (poorly) qualities relax	accident drug emergency hazards medicine physical contact polite respect role trust		care democracy different fair pet responsibility rule similar unique vote	bank bank account building society cash choice coins earn interest job money moneybox notes pocket money purse safe save skill spend value wallet
2	friendship love manners feelings emotions family stereotype respect	diet exercise goal growth mindset healthy physical activity relaxation skill strengths	medicine pedestrian private secret surprise penis testicles/testes vulva vagina		election environment identity job opinion rule school council volunteer vote	coins need notes priority want
3	bullying communicate empathy open questions similar solve stereotype sympathy trust	alone balance barriers belonging identity lonely resilience	allergic anaphylaxis bullying casualty choice cyberbullying decision distraction fake influence injuries		charity community consequence council councillor law recycling rights United Nations (UN)	budget expense feeling qualification stereotype
4	act of kindness authority bereavement boundaries bystander permission	fluoride healthy mental health negative emotions positive emotions relaxation resilience skill visualise	age restriction asthma breasts genitals law penis private protect puberty pubic testicles/testes tobacco		authority cabinet community council council officer diversity environment human rights local government protect re-use United Nations/UN volunteer	bank balance bank statement career debit card
5	attributes bullying bystander cyberbullying marriage secret wedding	fail goal protect relaxation responsibility steps	attraction bladder breasts cervix clitoris decision egg or ova ejaculation erection fallopian tube friend influence labia menstruation/period nipples ovary/ovaries private puberty pubic hair scrotum testicles/testes vagina vulva		defendant environment freedom of expression government House of Commons human rights judge jury Member of Parliament (MP) parliament pressure group Prime Minister trial	discrimination expenditure giving back income interest repayment

6	authority conflict earn expectation grief grieving resolve respect stereotype	antibodies growth mindset habit qualities responsibility skill vaccination	alcohol bladder breasts cervix clitoris conception cyberbullying egg or ova ejaculation erection fallopian tube fertilisation genitals internet trolling labia menstruation/period nipples ovary/ovaries penis pregnant puberty pubic hair scrotum sexual intercourse sperm sperm duct testicles/testes	authority conflict earn expectation grief grieving protected characteristics resolve respect stereotype	gambling growth mindset PIN qualities responsibility skill
					Identity: Year 6 only change identity images manipulation media